

## Talking about Alcohol

Instead, say: "I...  
"We...  
"Together...  
"We can..."

Sit down to talk



## Where Are We At?

How does drinking help? (try for 2 or 3)

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What problems does drinking cause?  
(try for 2 or 3)

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Could you cut down?    Y    N    Maybe

Could you stop?        Y    N    Maybe

## Reducing Risk

What would be most helpful for you?  
(try for 2 or 3)

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Who can we get to help us?

Close friend  
Relative  
AA sponsor

Can we make it through today?

Y    N    Maybe

## Followup

How can we stay in touch?

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Let's get together again on \_\_\_\_\_

# FASD: Mothers



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# Maternal Health Index

Name \_\_\_\_\_ Date \_\_\_\_\_ Date of Birth \_\_\_\_\_

## Maternal Risk Score

- \_\_\_ Age over 25 years Score \_\_\_\_\_
- \_\_\_ Unmarried, divorced, widow, living with partner Check any one. Add 5.
- \_\_\_ On TANF, WIC, Social Security, or income < \$16,000 per year
- \_\_\_ Did not graduate from high school
- \_\_\_ Poor diet
- \_\_\_ Smokes more than 1/2 pack per day

- \_\_\_ Drinks less than 2 days/week & less than 2 drinks/drinking day Score \_\_\_\_\_
- Add 20

- \_\_\_ Age first drunk - less than 15 years Score \_\_\_\_\_
- \_\_\_ In treatment over three times
- \_\_\_ In treatment in last 12 months
- \_\_\_ Previous child with FASD, birth defect, or developmental disability Check any one. Add 35.
- \_\_\_ Previous child died
- \_\_\_ Children out of home (foster care or adopted)

- \_\_\_ Heavy drinker (drinks 3 or more drinks/day for 3 or more days per week, or more than 5 drinks/day on 6 or more occasions) Score \_\_\_\_\_
- \_\_\_ Uses inhalants, sniffs, huffs, or illegal drugs Check any one. Add 45.

Score	Category	Description
0	None	Standard prenatal care
5	Low	Standard prenatal care
20-40	Moderate	Standard prenatal care and patient education on FASD
45-50	High	High risk pregnancy, alcohol-drug abuse treatment
55-105	Very High	High risks pregnancy, alcohol-drug abuse treatment

**Total Score** \_\_\_\_\_

## Alcohol Use?

What is a drink? \_\_\_\_\_

When was your last drink? \_\_\_\_\_

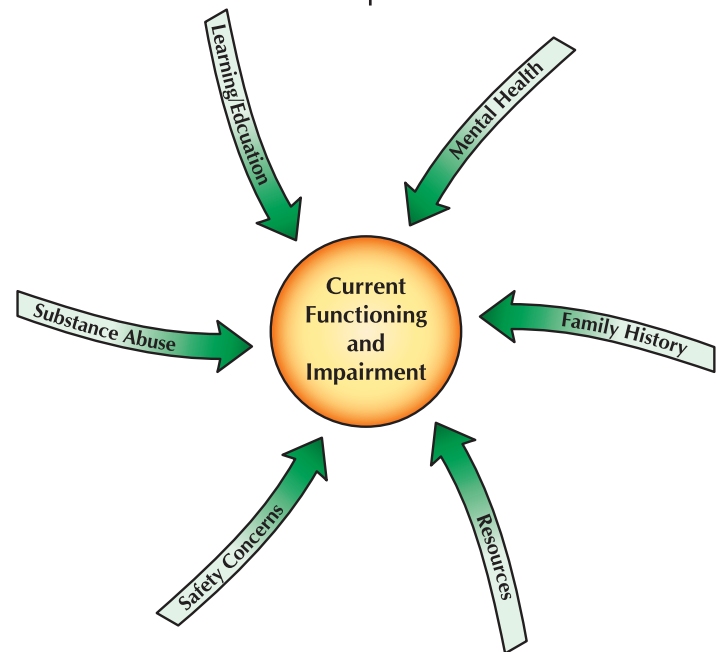
On days when you drink, how many drinks do you have? \_\_\_\_\_

How many times have you entered a substance abuse treatment program? \_\_\_\_\_

## Basic Cognitive Skills in Adolescents and Adults with FASD

Characteristics	Grade Level
Reading	5.0
Reading comprehension	4.5
Oral Comprehension	5.0

Area Affected	Percentage
Memory	80%
Attention (ADHD)	75%
Executive Function Impairments	80%



# MATERNAL IMPAIRMENT CHECKLIST

	Check all concerns
<b>LEARNING/EDUCATION</b>	
Doesn't listen well	
Disorganized	
Loses important things	
Can't plan ahead	
Impulsive	
Below average IQ	
Reading deficits	
Low math skills	
Was in special education	
Repeated a grade in school	
Quit school	
History of ADHD	
<b>MENTAL HEALTH</b>	
Depression	
Anxious	
Argues frequently	
Bad temper	
Easily overwhelmed	
Can't complete anger management	
Can't complete parenting class	
Does not have medications	
Avoids difficult situations	
Can't get up in morning	
Won't go to bed on time	
Motivation is impaired	
<b>FAMILY HISTORY</b>	
Prenatal alcohol/drug exposure	
Was in foster care	
More than 5 foster homes	
Abused	
<b>SUBSTANCE ABUSE</b>	
Current alcohol use	
Current drug use	
Same problems over 5 year period	
Substance abuse treatment 2 or more times	
Date of last drink	
<b>CONCERNS</b>	
Lives with partner who is unsafe around children	
Limited parenting skills	
Can't operate household	
Doesn't clean	
Can't cook	
Abusive relationship	
Lives with drug/alcohol users	
In jail/prison	
On probation	
<b>RESOURCES</b>	
No home	
Low/no income	
Transportation problems	
Few/no capable friends	
No family help	
Won't accept help from family	
Total	