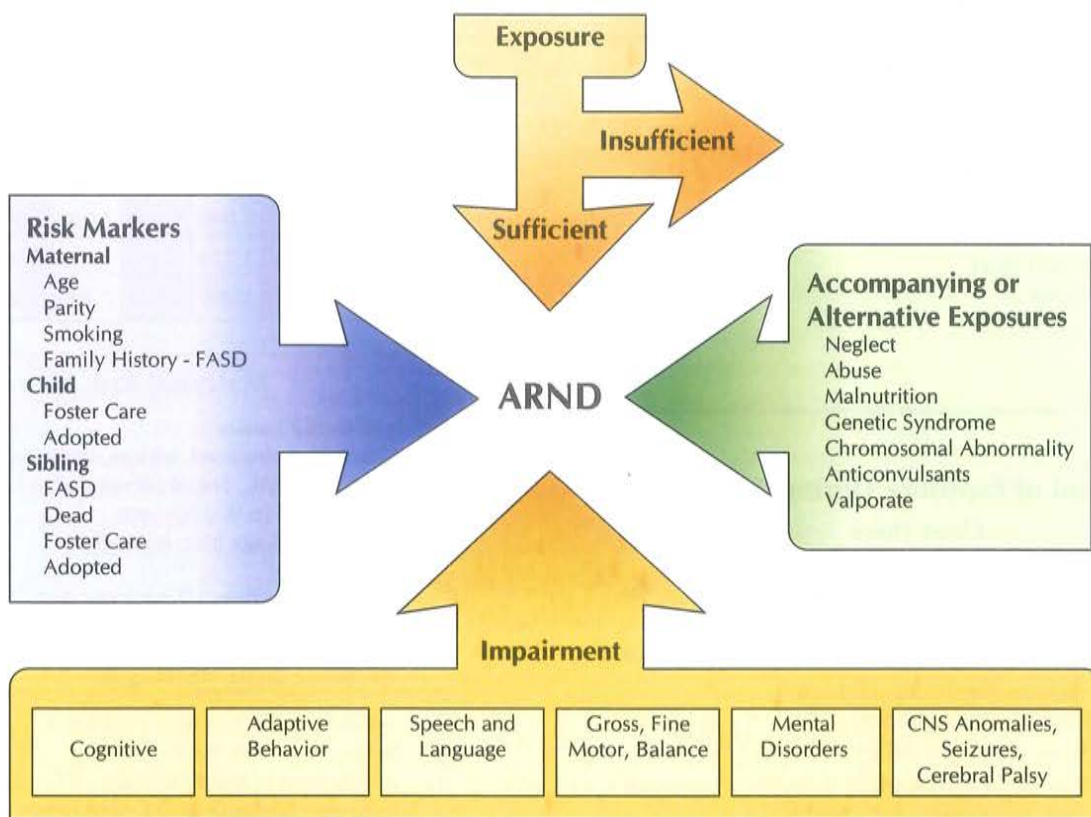




Neurocognitive Impairments & Prenatal Alcohol Exposure

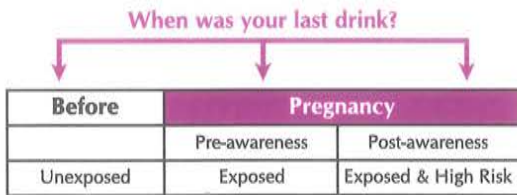


Diagnosis of Alcohol Related Neurodevelopmental Disorders

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RISK AND EXPOSURE ASSESSMENT: FETAL ALCOHOL SPECTRUM DISORDERS

Screening for Prenatal Alcohol Exposure



Exposure Modifiers

Maternal

- Mother dead
 Drug use
 In jail
 Smoked during pregnancy

Paternal

- Father dead
 In jail

Assessment of Exposure During Pregnancy

Chart These

- On average, how many days per week did you drink during pregnancy? _____ (a)
- On an average drinking day during pregnancy, how many drinks did you have? _____ (b)
- How many days per month did you have 4 or more drinks during pregnancy? _____ (c)
- What is the most you had to drink on any one day during pregnancy? _____ (d)
- What is a drink? Alcohol % _____ Drink vol _____

Exposure Parameters

(Cumulative exposure during pregnancy)

Pregnancy Drinking Days = (a x 40) = _____ (e)
Estimates number of drinking days during pregnancy.

Percentage of Days Exposed During Pregnancy
Estimates days exposed during pregnancy. = (e ÷ 280) = _____

Number of Binge Days
(4 or more drinks in one day) = (c x 9) = _____
Estimates numbers of binge days.

Number of Drinks During Pregnancy = (a x b x 40) = _____ (f)
Estimates cumulative number of drinks during pregnancy.

Ounces of absolute alcohol = (f ÷ 2) = _____
Estimates cumulative absolute alcohol exposure during pregnancy.

Number of Drinks During Pregnancy

On average, how many days per week did you drink?

	1	2	3	4	5	6	7
1	40	80	120	160	200	240	280
2	80	160	240	320	400	480	560
3	120	240	360	480	600	720	840
4	160	320	480	640	800	960	1,120
5	200	400	600	800	1,000	1,200	1,400
6	240	480	720	960	1,200	1,440	1,680
7	280	560	840	1,120	1,400	1,680	1,960
8	320	640	960	1,280	1,600	1,920	2,240
9	360	720	1,080	1,440	1,800	2,160	2,520
10	400	800	1,200	1,600	2,000	2,400	2,800
11	440	880	1,320	1,760	2,200	2,640	3,080
12	480	960	1,440	1,920	2,400	2,880	3,360
13	520	1,040	1,560	2,080	2,600	3,120	3,640
14	560	1,120	1,680	2,240	2,800	3,360	3,920
15	600	1,200	1,800	2,400	3,000	3,600	4,200

On an average drinking day, how many drinks did you have?

Maternal Risk Score

- Age over 25 years
 Unmarried, divorced, widow, living with partner
 On TANF, WIC, Social Security or income < \$16,000 per year **Score**
 Did not graduate from high school
 Poor diet *Check any one Add 5*
 Smokes more than 1/2 pack per day

 Drinks less than 2 days/week & less than 2 drinks/drinking day *Check here Add 20*

 Age first drunk—less than 15 years
 In treatment over three times
 In treatment in last 12 months
 Previous child with FASD, birth defect or developmental disability *Check any one Add 35*
 Previous child died
 Children out of home (foster care or adopted)

 Heavy drinker (drinks 3 or more drinks/day for 3 or more days per week, or more than 5 drinks/day on 6 or more occasions) *Check any one Add 45*
 Uses inhalants, sniffs, huffs or illegal drugs

Score Risk Category Recommendations

0	None	Standard prenatal care
5	Low	Standard prenatal care
20-40	Moderate	Standard prenatal care and patient education on FASD
45-50	High	High risk pregnancy, alcohol-drug abuse treatment
55-105	Very High	High risk pregnancy, alcohol-drug abuse treatment

Total Score

THE ARND BEHAVIORAL CHECKLIST

Name/ID: _____ DOB: ____/____/____ AGE: _____ SEX (circle one): F M

RACE (circle one): Caucasian Native American African American Other

In order to complete this checklist:

- 1) Behaviors must be impaired for the age of the person being assessed.
- 2) Interviewee needs to have known the person being assessed for at least one month.

CHECK ALL THAT APPLY FOR THE APPROPRIATE AGE RANGE

BEHAVIOR	3-6 Yrs.	7 Yrs.+
Hyperactive		
Poor attention		
Impulsive		
Disorganized		
Seems unaware of consequences of actions		
No fear		
Would leave with a stranger		
Poor social skills		
Few friends		
Will talk or interact with anyone		
Easily manipulated and set up by others		
Socially inept (Inappropriate speech or touching)		
Difficulty staying on topic during conversation		
Always talking		
Cocktail speech - little content		
Too loud		
Can't remember from one day to the next		
Below average IQ (<85)		
Poor school performance		
Suspended or expelled from school		
Poor sleeper		
Can't follow routine - needs reminders to get dressed, brush teeth, etc.		
Temper tantrums		
Extreme mood swings		
Requires constant supervision		
Been in trouble with the law		
Inpatient treatment for mental health, substance abuse, or in jail		
In appropriate sexual behavior		
Poor motor skills		
Has or needs glasses		
Had foster care or was adopted		
Medication for behavior - ever		
Mother used alcohol during pregnancy (OPTIONAL)		
Mother used alcohol in last five months of this pregnancy (OPTIONAL)		
Mother has been in treatment for alcohol use (OPTIONAL)		

TOTAL CHECKED:

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16

20

(Continue assessment if score is greater than or equal to above.)

Neurobehavioral Disorder Associated With Prenatal Alcohol Exposure

Name: _____ Birth Date: _____
dd/mm/year

Gender: _____ Current Age: _____

Proposed Criteria

- ___ A. More than minimal exposure to alcohol during gestation, including prior to pregnancy recognition. Confirmation of gestational exposure to alcohol may be obtained from maternal self-report of alcohol use in pregnancy, medical or other records, or clinical observation.

- ___ B. Impaired neurocognitive functioning as manifested by one or more of the following:
 - ___ 1. Impairment in global intellectual performance (i.e., IQ of 70 or below, or a standard score of 70 or below on a comprehensive developmental assessment).
 - ___ 2. Impairment in executive functioning (e.g., poor planning and organization; inflexibility; difficulty with behavioral inhibition).
 - ___ 3. Impairment in learning (e.g., lower academic achievement than expected for intellectual level; specific learning disability).
 - ___ 4. Memory impairment (e.g., problems remembering information learned recently; repeatedly making the same mistakes; difficulty remembering lengthy verbal instructions).
 - ___ 5. Impairment in visual-spatial reasoning (e.g., disorganized or poorly planned drawings or constructions; problems differentiating left from right).

- ___ C. Impaired self-regulation as manifested by one or more of the following:
 - ___ 1. Impairment in mood or behavioral regulation (e.g., mood lability; negative affect or irritability; frequent behavioral outbursts).
 - ___ 2. Attention deficit (e.g., difficulty shifting attention; difficulty sustaining mental effort).
 - ___ 3. Impairment in impulse control (e.g., difficulty waiting turn; difficulty complying with rules).

- ___ D. Impairment in adaptive functioning as manifested by two or more of the following, one of which must be (1) or (2):
 - ___ 1. Communication deficit (e.g., delayed acquisition of language; difficulty understanding spoken language).
 - ___ 2. Impairment in social communication and interaction (e.g., overly friendly with strangers; difficulty reading social cues; difficulty understanding social consequences).
 - ___ 3. Impairment in daily living skills (e.g., delayed toileting, feeding, or bathing; difficulty managing daily schedule).
 - ___ 4. Impairment in motor skills (e.g., poor fine motor development; delayed attainment of gross motor milestones or ongoing deficits in gross motor function; deficits in co-ordination and balance).

- ___ E. Onset of the disorder (symptoms in Criteria B, C, and D) occurs in childhood.

- ___ F. The disturbance causes clinically significant distress or impairment in social, academic, occupational, or other important areas of functioning.

- ___ G. The disorder is not better explained by the direct physiological effects associated with postnatal use of a substance (e.g., a medication, alcohol or other drugs), a general medical condition (e.g., traumatic brain injury, delirium, dementia), another known teratogen (e.g., fetal hydantoin syndrome), a genetic condition (e.g., Williams syndrome, Down syndrome, Cornelia de Lange syndrome), or environmental neglect.